**An Open Letter to Doctors**

Dear Friend,

As a doctor, you may come in contact with those who have been adversely affected by the sexual behavior of a family member or friend. Sexaholism is an addiction just like any other addiction—with the same elements of loss of control, a tendency to continue the damaging behavior despite negative consequences and the need to do more of the behavior to get the same result. Like other addictions, sexaholism affects the whole family.

S-Anon International Family Groups is a fellowship of the relatives and friends of sexually addicted people who share their experience, strength and hope in order to solve their common problems. Our program of recovery is adapted from Alcoholics Anonymous and is based on the Twelve Steps and Twelve Traditions.

The S-Anon program offers help and hope to families, friends and co-workers of sexaholics, who will find a supportive environment in S-Anon’s 12-Step meetings. We would like to make you aware of our program of recovery as one of the tools available to help family members and friends of sexaholics rebuild their lives.

We recommend that you encourage your patients to contact us before attending any of our meetings. This will connect them with a person who can answer questions, and it helps them to feel less isolated with their problems. Contacting S-Anon can also lessen their fear about the group, and offer them hope. It may also give them a contact at their first meeting, which will help them feel welcome.

If you believe a patient would benefit from our program, please encourage him or her to contact our helpline for more information.

Thank you for your interest in our program, and for allowing us to work together with you to offer help and healing for the effects of sexual addiction in our community. Please let us know if we can be of further service to you. We can be reached via our local hotline helpline (*YOUR HELPLINE TELEPHONE # HERE*) or through the S-Anon International Family Groups at: [(800) 210-8141](tel:%28800%29%20210-8141" \t "_blank) or [(615) 833-3152](tel:%28615%29%20833-3152" \t "_blank), or e-mail: [sanon@sanon.org](mailto:sanon@sanon.org" \t "_blank)

Sincerely yours,

(*your Intergroup or local meeting information here*)