**Response Template to an Inquiry about S-Anon**

DATE:

TO:

FROM:  **< insert local group name>** Public Information and Outreach Committee

**SUBJECT: S-Anon Provides Hope and Help for Friends and Families of Sex Addicts**

S-Anon is a fellowship of people who share their experience, strength, and hope with each other so that they may solve their common problems and help others to recover. The only requirement for membership is that there be a problem of sexaholism in a relative or friend. There are no dues or fees for S-Anon membership; we are self-supporting through our own contributions. S-Anon is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to recover from the effects upon us of another person’s sexaholism, and to help families and friends of sexaholics.

S-Anon is a program of recovery from the effects of sexaholism. As S-Anon members we have been affected by sex addiction in various ways. It is our common problems that have brought us together. As a Twelve Step fellowship, S-Anon relies on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous, the original Twelve Step program. Through working the S-Anon program, we have found hope and solutions to our problems.

“My first S-Anon meeting was enlightening. I was not alone! I had thought that I was the only person living with so much fear and anger. It was reassuring to find out there were others just like me…who had feelings and thoughts similar to my own…” *Reflections of Hope, Daily Readings for Anyone Affected by Another Person’s Sexual Behavior*, p. 300.

“We…find a measure of relief as soon as we share(d) our burden with other S-Anon members who understand our pain…We couldn’t have imagined when we first came to S-Anon that our lives would one day be filled with joy, serenity and peace, but that has been the experience of countless S-Anon members.” *Working the S-Anon Program*, xviii.

**About S-Anon**

A handful of people established S-Anon in (year) when they (insert story). Today there are more than (insert number) S-Anon meetings in (insert number) of countries.

Learn more about S-Anon and find a meeting near you

**Web** [www.sanon.org](http://www.sanon.org)

**Phone** (615) 833-3152 or (800) 210-8141

**Mail** S-Anon International Family Groups, PO Box 17294, Nashville, TN 37217

“S-Anon offers help and hope to all whose lives have been or are being affected by the disease of sexaholism; there is a solution. ”*Working the S-Anon Program*, p. 76.